

PAIN AND WELLNESS CENTER OF MARYLAND

ACCEPTED HEALTH PLANS

Updated: 6/18/2017

AARP

AARP Medicare Advantage HMO

AARP Medicare Advantage POS

AARP Medicare Advantage PPO

AARP Medicare Complete (HMO)

AARP Medicare Complete Choice (PPO)

AARP Personal Health Insurance Plan

Aetna

Aetna Affordable Health Choices limited benefits insurance plan (SRC only)

Aetna Basic HMO (available in CA only)

Aetna Choice POS (Aetna HealthFund)

Aetna Choice POS II (Aetna HealthFund)

Aetna Choice® POS (Open Access)

Aetna Choice® POS II (Open Access)

Aetna Health Network Only (Open Access)

Aetna Health Network Only (Open Access) on the Altius Network

Aetna Health Network Option (Open Access)

Aetna Health Network Option (Open Access) on the Altius Network

Aetna HealthFund HMO (available in CA only)

Aetna HealthFund® Aetna Health Network Only (Open Access)

Aetna HealthFund® Aetna Health Network Option (Open Access)

Aetna Select

Aetna Signature Administrators (PPO)

Aetna Value Network HMO (available in CA and NV only)

Aexcel Aetna Select

Aexcel Aetna Select (Open Access)
Aexcel Choice POS II
Aexcel Choice POS II (Aetna HealthFund)
Aexcel Elect Choice EPO
Aexcel Elect Choice EPO (Open Access)
Aexcel Managed Choice POS
Aexcel Managed Choice POS (Open Access)
Aexcel Open Access Aetna Select (Aetna HealthFund)
Aexcel Open Access Elect Choice (Aetna HealthFund)
Aexcel Open Access Managed Choice POS (HealthFund)
Aexcel Plus Aetna Select
Aexcel Plus Aetna Select (Open Access)
Aexcel Plus Choice POS II
Aexcel Plus Choice POS II (Aetna HealthFund)
Aexcel Plus Elect Choice EPO
Aexcel Plus Elect Choice EPO (Open Access)
Aexcel Plus Managed Choice POS
Aexcel Plus Managed Choice POS (Open Access)
Aexcel Plus Open Access Aetna Select (Aetna HealthFund)
Aexcel Plus Open Access Elect Choice (Aetna HealthFund)
Aexcel Plus Open Access Managed Choice POS (HealthFund)
Aexcel Plus PPO
Aexcel Plus PPO (Aetna HealthFund)
Aexcel PPO
Aexcel PPO (Aetna HealthFund)
AZ Aetna Whole Health - Arizona Care Network
AZ Aetna Whole Health - Banner Health Network
AZ Marketplace: Aetna Advantage 5750 PD
CA Aetna Whole Health - Hill Physicians & Mercy Medical Group

CA Aetna Whole Health - PrimeCare Physicians HMO
CA Aetna Whole Health - PrimeCare Physicians OAMC
CA Aetna Whole Health - SCCIPA
CO Aetna Whole Health - Colorado Front Range
CT Aetna Whole Health - Connecticut Preferred Health Network
Elect Choice EPO
Elect Choice EPO (Open Access)
Employee Assistance Program
FL Gold \$10 Copay Savings Plus HMO
HCA Well Care (Levels 1, 2 & 3)
HMO
HMO Deductible Plan (CA members only)
IL Gold \$10 Copay
LM HealthWorks Plan
Managed Choice (Open Access)
Managed Choice POS
ME Aetna Whole Health - Maine
Medicare Open (Private Fee-for-Service)
Medicare Plan (HMO)
Medicare Plan (Open Access HMO)
Medicare Plan (PPO)
MO & KS Aetna Whole Health - MW Comm. Health Solutions
National Advantage Program
New York Certified PPO (Workers' Comp)
New York Recommendation of Care PPO (Workers' Comp)
NYC Community Plan
OH Aetna Whole Health - Mercy Health
Open Access (HMO)
Open Access Aetna Select (Aetna Health Fund)

Open Access Elect Choice EPO (Aetna Health Fund)

Open Access Managed Choice POS (Aetna Health Fund)

Open Choice PPO

Open Choice® PPO (Aetna Health Fund)

PA Aetna Whole Health - PinnacleHealth

PA Aetna Whole Health - Valley Preferred

PA Aetna Whole Health - WellSpan

PA Gold \$0 Copay Savings Plus HMO

PA Gold \$5 Copay OAMC PD

PCP Referral Plan (TX only)

Premier Care Network

QPOS

Savings Plus of Arizona

Savings Plus of Chicago, IL

Savings Plus of Florida (Brevard and Tampa)

Savings Plus of Lake County, OH

Savings Plus of New Jersey

Savings Plus of Oklahoma

Savings Plus of Tennessee

Savings Plus of Texas

Select (Open Access)

Student Health Plans

TN Aetna Whole Health - Baptist/Select Health Alliance

Traditional Choice® Indemnity

TRS-Care Networks

TX Aetna Whole Health - Baptist Health System & HealthTexas Medical Group

TX Aetna Whole Health - Memorial Hermann Accountable Care Network

TX Aetna Whole Health - Memorial Hermann CAN Select

TX Gold \$10 Copay

VA Aetna Whole Health - Coastal Virginia Health Partners
VA Aetna Whole Health - VA Preferred - Roanoke
Value Performance Network
Virginia Healthcare Reform Plans
Vision
Vitalidad Mexico con Aetna
Vitalidad Plus California con Aetna
Voluntary Plans
WA Aetna Whole Health - Providence-Swedish Health Alliance
WA Aetna Whole Health - Rainier Health Network
WI Aetna Whole Health - The Aurora Network
Workers' Comp Access
Anthem Blue Cross
Anthem Medicare Preferred Standard (PPO)
Blue Cross PPO (Prudent Buyer)
Lumenos Plans (PPO)
PPO Share
Premier Plus PPO
Anthem Blue Cross Blue Shield
Anthem MediBlue Preferred (PPO) (Connecticut)
Anthem Medicare Preferred
Anthem Medicare Preferred (New Hampshire)
Anthem Medicare Preferred (PPO) (California)
Anthem Medicare Preferred (PPO) (Colorado)
Anthem Medicare Preferred (PPO) (Indiana)
Anthem Medicare Preferred (PPO) (Kentucky)
Anthem Medicare Preferred (PPO) (Maine)
Anthem Medicare Preferred (PPO) (Missouri)
Anthem Medicare Preferred (PPO) (Nevada)

Anthem Medicare Preferred (PPO) (Ohio)
Anthem Medicare Preferred (PPO) (Wisconsin)
Anthem Medicare Preferred Standard (PPO) (Connecticut)
Blue Access Choice (PPO) (Missouri)
Blue Access Network (Indiana)
Blue Access PPO
Blue Cross PPO (Prudent Buyer)
Blue Medicare Access Value (RPPO)
Blue Medicare Advantage PPO
Federal Employee Program
Health Choice (Health Choice PPO)
National PPO (BlueCard PPO)
PPO (Colorado)
PPO (Connecticut)
PPO (Nevada)
PPO/EPO
Preferred Blue
Preferred Blue for PPO (New Hampshire)
Premier (Connecticut)
Arkansas Blue Cross Blue Shield
Arkansas FirstSource PPO
Blue Select (PPP)
Blue Solution PPO
BlueCare PPO
Comprehensive Blue PPO
HSA Blue PPO
Medi-Pak Advantage (PPO)
True Blue PPO
Blue Cross Blue Shield

BlueCard PPO

BlueCard PPO Basic

BlueCard Traditional (Indemnity)

Federal Employee Program - Basic Option

Federal Employee Program - Standard Option

Medicare Advantage PPO

Blue Cross Blue Shield Federal Employee Program

Basic

FEP BlueVision

Standard

Blue Cross Blue Shield of Alabama

Preferred Provider Organization (PPO)

Blue Cross Blue Shield of Arizona

Acclaim PPO/EPO

Indemnity

PPO/EPO Statewide

Secure HMO Network

Blue Cross Blue Shield of Florida (Florida Blue)

BlueMedicare PPO / BlueMedicare Group PPO

BlueMedicare Regional PPO

BlueOptions

Blue Cross Blue Shield of Georgia

Blue Choice PPO

BlueChoice Preferred Provider Organization (PPO)

Medicare Preferred (PPO)

Blue Cross Blue Shield of Illinois

BasicBlue PPO

Participating Provider Organization [PPO]

Blue Cross Blue Shield of Kansas

AffordaBlue
Blue & U Classic (Copay)
Blue & U First
Blue Choice
Traditional
Blue Cross Blue Shield of Kansas City
BlueAccess
BlueCard Traditional
Preferred-Care Blue
Blue Cross Blue Shield of Louisiana
BlueMAX
BlueSaver
Blue Cross Blue Shield of Massachusetts
Blue Precision/PPO Blue Options v.4
Preferred Blue PPO
Preferred Blue PPO Options v.4
Blue Cross Blue Shield of Michigan
Community Blue/Blue Preferred Plus PPO
Medicare Plus Blue (PPO)
Michigan Conference of Teamsters Welfare Fund (MCTWF) PPO
MICHild
MPSERS
PPO Plans - Group Enrollees
Traditional - Group Enrollees
Blue Cross Blue Shield of Minnesota
Allina Health Network (Blue Plus)
Blue Access Choice
Blue Cross Blue Shield of Nebraska
Beatrice BlueChoice

Boone County BlueChoice
Methodist BlueChoice
Blue Cross Blue Shield of New Mexico
Blue Transitions (EPO)
BlueDirect (PPO)
BlueNet EPO
Preferred Provider Organization (PPO)
Blue Cross Blue Shield of North Carolina
Blue Options
Medicare Advantage PPO
Blue Cross Blue Shield of Rhode Island
BlueSolutions
Bryant University Healthplan
HealthMate Coast-to-Coast
VantageBlue
Blue Cross Blue Shield of South Carolina
Medicare Advantage
National Medicare Advantage PPO
Preferred Blue - PPO
Blue Cross Blue Shield of Tennessee
Blue Advantage PPO
Blue Cross Blue Shield of Texas
BlueChoice PPO Plan
EPO
Blue Cross Blue Shield of Vermont
BCBSVT Network Providers
New England Health Plan
Blue Cross Blue Shield of Western New York
Forever Blue Medicare PPO (All Plans)

Blue Cross Blue Shield of Wyoming

Participating Provider (PPO)

Blue Cross of Idaho

Connected Care (East)

Medicare Advantage - Secure Blue PPO

PPO

Blue Cross of Northeastern Pennsylvania

AffordaBlue

BlueCare EPO

BlueCare PPO

BlueCare QHD EPO

BlueCare QHD PPO

Medicare Advantage PPO

Blue Shield of California

Active Choice Plans

Base PPO 30

Blue Shield of California PPO Network

Point of Service (POS)

Premier PPO 15

Shield Spectrum PPO 750 - 80/60

Trio ACO HMO

Blue Shield of Northeastern New York

EPO

Forever Blue Medicare PPO (All Plans)

PPO

Capital Blue Cross

PPO

PPO Choice 1

PPO Choice 2

SeniorBlue PPO
CareFirst Blue Cross Blue Shield
BlueChoice Advantage
BlueChoice HMO
BlueCross BlueShield Preferred
BluePreferred
CareFirst Network Lease
CareFirst Regional
Davis Vision (BlueVision & BlueVision Plus)
Exclusive Provider Organization (EPO)
HealthyBlue
HealthyBlue Advantage
HealthyBlue PPO
Maryland Point of Service (POS)
Personal Comp
Preferred Provider Organization (PPO)
Traditional/Indemnity
Caterpillar
UHC Choice Plan
UHC PPO Network Plan
CBA Blue
BlueCard PPO
Cigna
Behavioral Health
Choice Fund Open Access Plus
Choice Fund Open Access Plus with CareLink
Choice Fund PPO
CIGNA HealthCare Mid-Atlantic, Inc.- HMO
CIGNA HealthCare of Arizona, Inc. - Phoenix IPA

CIGNA HealthCare of California- Southern California Open Access

CIGNA HealthCare of California, Inc. - San Francisco

CIGNA HealthCare of California, Inc. - So. CA

CIGNA HealthCare of Central Missouri

CIGNA HealthCare of Colorado, Inc.

Cigna HealthCare Of Colorado, Inc. -HMO Plus

CIGNA HealthCare of Colorado, inc. HMO Select

Cigna HealthCare of Connecticut, Inc- HMO

CIGNA HealthCare of Delaware, Inc. HMO

CIGNA HealthCare of Florida, Inc. - Central Florida Select

CIGNA HealthCare of Florida, Inc. - Cocoa Beach

CIGNA HealthCare of Florida, Inc. - Fort Myers

CIGNA HealthCare of Florida, Inc. - Jacksonville

CIGNA HealthCare of Florida, Inc. - Ocala

CIGNA HealthCare of Florida, Inc. - Orlando HMO

CIGNA HealthCare of Florida, Inc. - South Florida HMO

CIGNA HealthCare of Florida, Inc. - South Florida Select

CIGNA HealthCare of Florida, Inc. - Tampa

CIGNA HealthCare of Georgia HMO-HMO Seamless

CIGNA HealthCare of Georgia NET-NET POS Seamless

CIGNA HealthCare of Georgia, Inc.

CIGNA HealthCare of Georgia, Inc. – Savannah

CIGNA HealthCare of Illinois, Inc.

CIGNA HealthCare of Illinois, Inc. - Chicago and Northwest Indiana

CIGNA HealthCare of Kansas/Missouri

CIGNA HealthCare of Louisiana, Inc. - Baton Rouge

CIGNA HealthCare of Louisiana, Inc. - New Orleans

CIGNA HealthCare of Louisiana, Inc. - Shreveport

CIGNA HealthCare of Louisiana, Inc. - Southwest

Cigna HealthCare Of Maine, Inc -HMO
CIGNA HealthCare of Massachusetts, Inc.
CIGNA HealthCare of NE Missouri
Cigna HealthCare Of New Hampshire -HMO
Cigna Healthcare of New Jersey - Northern NJ HMO
CIGNA HealthCare of New York, Inc.- HMO
CIGNA HealthCare of North Carolina NET-NET POS Seamless
CIGNA HealthCare of North Carolina, Inc.
CIGNA HealthCare of North Texas HMO-HMO POS Seamless
CIGNA HealthCare of North Texas Net-Net POS Seamless
CIGNA HealthCare of Ohio, Inc. - Central Ohio
CIGNA HealthCare of Ohio, Inc. - Cincinnati
CIGNA HealthCare of Ohio, Inc. - Cleveland
CIGNA HealthCare of Oklahoma, Inc. - OK City
CIGNA HealthCare of Oklahoma, Inc. - Tulsa
CIGNA HealthCare of Pennsylvania - Philadelphia
Cigna HealthCare Of Rhode Island, Inc -HMO
CIGNA HealthCare of South Louisiana Select Seamless
CIGNA HealthCare of South Texas HMO-POS Seamless
CIGNA HealthCare of South Texas Net-Net POS Seamless
Cigna HealthCare of Southern New Jersey, Inc, HMO
CIGNA HealthCare of St. Louis, Inc.
CIGNA HealthCare of SW Missouri
CIGNA HealthCare of Tennessee, Inc. - Memphis (HMO)
CIGNA HealthCare of Tennessee, Inc. - Memphis (POS)
CIGNA HealthCare of Tennessee, Inc. - Nashville
Cigna HealthCare of Texas- Open Access POS
CIGNA HealthCare of Texas, Inc - Corpus Christi
CIGNA HealthCare of Texas, Inc. - Austin

CIGNA HealthCare of Texas, Inc. - Corpus Christi/Coastal

CIGNA HealthCare of Texas, Inc. - Dallas Select

CIGNA HealthCare of Texas, Inc. - El Paso

CIGNA HealthCare of Texas, Inc. - Golden Triangle

CIGNA HealthCare of Texas, Inc. - Houston

CIGNA HealthCare of Texas, Inc. - Lufkin

CIGNA HealthCare of Texas, Inc. - North Texas

CIGNA HealthCare of Texas, Inc. - San Antonio

CIGNA HealthCare of Texas, Inc. - Tyler

CIGNA HealthCare of Texas, Inc. - Waco

CIGNA HealthCare of Utah, Inc.

CIGNA HealthCare Seamless Network - Florida

CIGNA HealthCare Seamless Network - New England

CIGNA HealthCare Seamless Network - Tennessee

CIGNA HealthCare of Washington

CIGNA Managed Care Network of Alabama

CIGNA Managed Care Network of Arkansas

CIGNA Managed Care Network of Central Pennsylvania

CIGNA Managed Care Network of FL – Panama City

CIGNA Managed Care Network of FL - Pensacola

CIGNA Managed Care Network of GA - Augusta

CIGNA Managed Care Network of GA - Columbus

CIGNA Managed Care Network of GA - Macon

CIGNA Managed Care Network of GA - Savannah

CIGNA Managed Care Network of IL - Mattoon

CIGNA Managed Care Network of IL - Pontiac/Dwight

CIGNA Managed Care Network of Indiana

CIGNA Managed Care Network of Knoxville, TN (PHP)

CIGNA Managed Care Network of KS - Wichita

CIGNA Managed Care Network of KY - Glasgow
CIGNA Managed Care Network of KY - Louisville
CIGNA Managed Care Network of MS - Grenada
CIGNA Managed Care Network of Northern New England
CIGNA Managed Care Network of NV - Las Vegas
CIGNA Managed Care Network of Pittsburgh Pennsylvania
CIGNA Managed Care Network of SC - Columbia
CIGNA Managed Care Network of SE Michigan
CIGNA Managed Care Network of TN - Chattanooga
CIGNA Managed Care Network of TN - Jackson
CIGNA Managed Care Network of West Virginia/SE Ohio
CIGNA Managed Care Network of Wisconsin
Cigna PPO
EPO
Health Alliance Plan
Health Savings
Health Savings (all deductible levels)
HMO
HMO - Northern California Open Access
HMO - Southern California Open Access
HMO - Southern California Value
HMO Open Access
Indemnity
LocalPlus
Medicare Access
Metro NY Seamless
myCigna California Bronze
myCigna California Gold
myCigna California Platinum

myCigna California Silver
myCigna Copay Assure Silver
myCigna Health Flex 2000
myCigna Health Flex 2750
myCigna Health Flex 3000
myCigna Health Flex 5000
Network Open Access
Open Access (all deductible levels)
Open Access Plan
Open Access Plus
Open Access Plus/CareLink
Open Access Value (all deductible levels)
Open Access Value Plan
POS Open Access
Tennessee Select
Vision PPO
Workers' Compensation
Empire Blue Cross Blue Shield
Empire EPO Essential
Empire MediBlue(SM) Freedom I (PPO)
Empire PPO
Empire Prism EPO
Empire Prism PPO
PPO
Value EPO
Excellus Blue Cross Blue Shield
Medicare PPO
Florida Blue: Blue Cross Blue Shield of Florida
BlueMedicare PPO / BlueMedicare Group PPO

BlueMedicare Regional PPO

BlueOptions

GeoBlue

GeoBlue Expat

GeoBlue Traveler

HighMark Blue Cross Blue Shield

BCBS PPO

FreedomBlue PPO

PPOBlue

Highmark Blue Cross Blue Shield of Delaware

BCBS EPO

BCBS PPO

PPO

PPO Blue Total Health

HighMark Blue Shield

FreedomBlue PPO

PPOBlue

Horizon Blue Cross Blue Shield of New Jersey

Federal Employee Plan - Basic Option

Federal Employee Plan - Standard Option

Horizon Advantage EPO (with BlueCard PPO)

Horizon PPO

Independence Blue Cross

National BlueCard PPO

Personal Choice 65 PPO

Personal Choice PPO

Maryland Medical Assistance (Medicaid)

Medicaid/Medical Assistance

Maryland Physicians Care

HealthChoice (Medicaid)
Medicare
Medicare
MedStar Family Choice
DC Healthcare Alliance
DC Healthy Families
Maryland HealthChoice
Premera Blue Cross
AK Global with BlueCard PPO/Traditional
AK HeritagePlus with BlueCard PPO/Traditional
AK HeritageSelect with BlueCard PPO/Traditional
Foundation & Foundation Plus 1 with BlueCard PPO/Traditional
Global with BlueCard PPO/Traditional
Heritage & Heritage Plus 1 with BlueCard PPO/Traditional
Heritage Prime with BlueCard PPO/Traditional
Heritage Signature with BlueCard PPO/Traditional
Premera BlueCard PPO/Traditional Network
Priority Partners
Priority Partners HealthChoice
Priority Partners Primary Adult Care (PAC)
Regence Blue Cross Blue Shield
Oregon Select OHSU
Preferred (PPO)
RealValue
Regence MedAdvantage (PPO)
Triple-S Salud: Blue Cross Blue Shield of Puerto Rico
Commercial (PPO)
Federal
Federal BCBS

Medicare Advantage (PPO)
UnitedHealthcare
AARP Medicare Advantage HMO
AARP Medicare Advantage POS
AARP Medicare Advantage PPO
AARP Medicare Complete Choice (PPO)
AARP Medicare Complete Plan 1 (HMO)
AARP MedicareComplete Mosaic (HMO)
AARP MedicareComplete SecureHorizons Essential (HMO)
AARP Personal Health Insurance Plan
Compass Rose Health Plan FEHP FFS (PPO)
CS VEBA Performance HMO - Network 1
CS VEBA Performance HMO - Network 2
CS VEBA Performance HMO - Network 3
Heritage Choice
Heritage Choice Standard
Heritage Plus/Heritage EPO- Iowa, Illinois and Tennessee
Heritage Premier
Heritage Select
M.D. IPA
M.D. IPA Preferred
Medica Choice with UnitedHealthcare Choice Plus
Neighborhood Health Partnership (NHP) - Commercial
Neighborhood Health Partnership (NHP) - Mercy Select
Northwell Health Employee Plan
Optimum Choice HMO
Optimum Choice Preferred POS
Oxford Medicare Network
PacifiCare SignatureElite Plus (TX/OK Employers Only)

River Valley Choice Plus

United Behavioral Health

UnitedHealthcare Choice

UnitedHealthcare Choice HMO/Choice Plus HMO

UnitedHealthcare Choice Plus

UnitedHealthcare Choice Plus with Harvard Pilgrim

UnitedHealthcare Choice with Harvard Pilgrim

UnitedHealthcare Compass HMO/ Compass Balanced HMO/Compass Plus HMO

UnitedHealthcare Compass Plus

UnitedHealthcare Compass/ Compass Balanced

UnitedHealthcare Core

UnitedHealthcare Dual Advantage

UnitedHealthcare Dual Complete (HMO SNP)

UnitedHealthcare MedicareComplete Choice

UnitedHealthcare MedicareComplete Choice Essential (regional PPO)

UnitedHealthcare MedicareDirect Essential (PFFS)

UnitedHealthcare Navigate

UnitedHealthcare Navigate Plus

UnitedHealthcare Navigate/Navigate Balanced

UnitedHealthcare Options PPO

UnitedHealthcare Options PPO with Harvard Pilgrim

UnitedHealthcare Passport Connect Choice

UnitedHealthcare Passport Connect Choice Plus

UnitedHealthcare Passport Connect Options PPO

UnitedHealthcare Select EPO

UnitedHealthcare Select HMO

UnitedHealthcare Select Plus HMO

UnitedHealthcare Select Plus POS

UnitedHealthcare SignatureValue (HealthCare Partners Network)

UnitedHealthcare SignatureValue (HMO)

UnitedHealthcare SignatureValue Advantage (HMO Value Network)

UnitedHealthcare SignatureValue Alliance

UnitedHealthcare SignatureValue Flex - Network 1 (HMO)

UnitedHealthcare SignatureValue Flex - Network 2 (HMO)

UnitedHealthcare SignatureValue Flex - Network 3 (HMO)

UnitedHealthOne

Vision

UnitedHealthOne

UnitedHealth Allies

UnitedHealthcare Choice Plus Network

UnitedHealthcare Vision

Wellmark Blue Cross Blue Shield

Alliance Select (Iowa)

Blue Choice (Iowa and Bordering Counties)

Blue Rewards POS

Blue Select (South Dakota)